## COUGAR TRACK & FIELD Washington State vs. Washington Dual Meet April 23, 2016

11:00 a.m.	Long Jump	Men
11:00 a.m.	Javelin Throw	Men
11:00 a.m.	<b>Hammer Throw</b>	Women (Outside ring)
11:00 a.m.	Pole Vault	Men
12:30 p.m.	Long Jump	Women
12:30 p.m.	<b>Hammer Throw</b>	Men (Outside ring)
	High Jump	Women
12:45 p.m.	Javelin Throw	Women
1:15 p.m.	3000m Steeplechase	Men
1:30 p.m.	3000m Steeplechase	Women
1:45 p.m.	400m Relay	Men
1:50 p.m.	400m Relay	Women
2:00 pm.	Shot Put	Women
2:00 p.m.	Pole Vault	Women
2:00 p.m.	Discus	Men (Inside Ring)
2:00 p.m.	Triple Jump	Men
2:00 p.m.	1500m Run	Men
2:10 p.m.	1500m Run	Women
2:20 p.m.	110m Hurdles	Men
2:25 p.m.	100m Hurdles	Women
2:30 p.m.	400m	Men
2:35 p.m.	400m	Women
2:40 p.m.	100m	Men
2:45 p.m.	100m	Women
2:50 p.m.	800m	Men
2:55 p.m.	800m	Women
3:00 p.m.	High Jump	Men
3:05 p.m.	400m Hurdles	Men
3:15 p.m.	400m Hurdles	Women
3:15 p.m.	Triple Jump	Women
3:20 p.m.	200m	Men
3:25 p.m.	200m	Women
3:30 p.m.	Discus	<b>Women (Inside Ring)</b>
3:30 p.m.	Shot Put	Men
	3000m Run	Men
3:50 p.m.	3000m Run	Women
4:10 p.m.	1600m Relay	Men
4:15 p.m.	1600m Relay	Women

Revised: 4/5/16